

Physical Education Topics			
	Autumn	Spring	Summer
Nursery	Spatial Awareness Listening Safety Rules	Ball Skills Climbing Jumping	Games Teamwork Applying skills
Reception	Walking Dance	Ball skills Gymnastics	Ball Skills Athletics
Year 1	Dance Football Gymnastics Catching and throwing	Gymnastics Rackets, Bats and Ball Dance Games for Understanding	Jumping Team Building Running Athletics
Year 2	Dancing Dodging Gymnastics Games for Understanding	Jumping Handball Dance Football	Tennis Gymnastics Athletics
Year 3	Gymnastics Hockey Dance Handball	Dance Tennis Gymnastics	Golf Orienteering Athletics Cricket
Year 4	Tennis Dance Gymnastics	Boccia Tag Rugby Handball Gymnastics	Dance Dodgeball Athletics Cricket